

Bay of Plenty Rugby Union (Inc)

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NON-NEG'S at SCRUM TIME

Pre-engagement

1. Trust the call and follow the call (FK if early)
2. Be balanced
3. Crouch but not below hip height

On Hit

1. TH prop straight and above hips re height. Binds legally.
2. LH prop straight and up. Binds legally.

OVERALL KEY MESSAGES.

1. TRUST CALL – REF CONTROLS TIMING.
2. HIT UP
3. HIT SQUARE
4. SPINE IN LINE (STRAIGHT)
5. BIND LEGALLY

IF YOU DON'T DO NO'S 1-5 AND I CAN CLEARLY IDENTIFY THE ISSUE I WILL PENALISE.

IF I'M UNSURE I RESET SCRUM BUT I ASK FOR ONE TECHNICAL REMINDER (IE: HIT STRAIGHT)...IF IT GOES DOWN AGAIN I IDENTIFY SOMEONE WHO DOESN'T HIT STRAIGHT AND I PENALISE.

BE CONSISTENT – KEEP IT BASIC – USE THEIR LANGUAGE – FIRMER ACTION/EARLIER.

Cheers
Bryce